

Frazier Rehab Institute Most Frequently Asked Questions

What is acute rehab?

There are a variety of situations in which rehab may be necessary after a hospital stay. Any patient with a physical impairment that limits strength, mobility, cognition, activities of daily living or swallowing deficits may benefit from a comprehensive rehab program. The rehab team assists patients in reaching their highest level of function and educates the patients and families on preventing complications.

What should I bring to Frazier Rehab Institute?

Patients should bring a copy of their insurance card, Medicare/Medicaid cards and Advance Directives (living will). Patients are encouraged to leave valuables at home, as the hospital can not assume responsibility for safekeeping during their stay.

What do I wear during my therapy sessions?

It is recommended that a patient bring loose fitting tops and slacks with elastic waists. Hospital gowns are provided for nightwear, but you should bring your undergarments and socks. Comfortable, flat rubber-soled shoes are best for your therapy. Family members are responsible for laundering clothing.

Who will be my physician?

A physician that is specialty-trained in physical rehab medicine (physiatrist) will be in charge of your care at the rehab hospital. Your primary physician may follow your care at Frazier in collaboration with your rehab physician.

What is the daily routine at Frazier Rehab?

The day will consist of therapies customized for the patient's particular diagnoses. It is customary for patients to have both a morning and afternoon session with breaks designed for individual needs.

Most Frequently Asked Questions

What are visiting hours?

Visiting hours at Frazier Rehab Institute are Monday through Sunday, 9 a.m. to 9:30 p.m. Optimal visiting times are in the evening and on weekends due to the therapy schedules.

Where is the parking?

Guests may park in the Jewish Hospital parking garage. Valet parking is also available.

What is the family involvement?

Frazier involves the patient's family in weekly family teaching sessions with the rehab team to learn about the patient's care and progress. Generally the meetings are held throughout the day, but the family is also encouraged to work with nursing staff in the evening.

What happens if services are still needed after the patient is discharged?

Frazier Rehab Institute has trained case managers assigned to each case who help in the coordination of equipment needs and other services after discharge.

**For more information, call 502.582.7400
or visit www.frazierrehab.org.**



Frazier Rehab Institute
220 Abraham Flexner Way
Louisville, Kentucky 40202

KentuckyOneHealth.org

Inpatient Rehabilitation

Comprehensive rehab programs, highly skilled therapists, state-of-the-art facilities and innovative therapeutic techniques have earned Frazier Rehab Institute national recognition. Patients span in age from infancy to geriatrics with a wide variety of diagnoses which include neurologic (spinal cord injury, brain injury and stroke), amputations, multiple trauma, orthopaedic, arthritis, cardiopulmonary, congenital, developmental, degenerative and general medical cases.

The 135-bed hospital provides an array of services to include physical medicine, specialized rehab nursing, nutritional service, physical, occupational, recreational and speech therapies, as well as pulmonary rehab, psychology and neuropsychological testing services, which are available to each patient through an individualized treatment plan in the acute inpatient and outpatient rehab settings. Frazier has more than 20 locations throughout Kentucky and southern Indiana. The hospital's programs are both Joint Commission and Commission on Accreditation of Rehabilitation Facilities (CARF) accredited.

Features

- Spectacular view of the city skyline in therapy gyms, patient rooms and multipurpose dining room
- Private family education rooms
- Full-spectrum hospital services provided 24-hours-a-day including lab, x-ray, diagnostic imaging and certified respiratory therapy
- Admissions 24-hours-a-day, 7-days-a-week
- Large, comfortable, private and semi-private patient rooms
- In-house physician services and medical direction by physical medicine and rehabilitation specialists
- JCAHO and CARF accredited programs
- More than 20 outpatient rehab facilities
- Free Internet access in all patient rooms
- Free cable TV
- Plasma screen monitors for TV and patient education
- Dedicated therapy gyms on each patient floor

Some of our Medical Specialties and Therapeutic Interventions

- Activity Based Therapy to include Locomotor Training
- Acute Care Rehab
- Adaptive Sports Program
- Advocacy/Educational/Support Groups
- Amputee Rehab Program
- Animal Assisted Therapy
- Aquatic Therapy
- Asthma and Sports Medicine
- Brain Injury Program
- Cancer Rehab Program including Lymphedema Management
- Community Fitness and Wellness Program
- Driver's Education and Training Program
- FEES (Fiberoptic Endoscopic Evaluation of Swallowing)
- Frazier Water Protocol
- Hand Therapy
- Movement Disorders Program
- Neuroscience Collaborative Center
- NeuroRecovery Network - Lead Center
- Occupational and Work Re-Entry
- Orthopaedic Rehab Program
- Pediatric Rehab Program including Sensory Integration
- Pulmonary Rehab Program
- Running Program
- Spinal Cord Medicine Program
- Sports Medicine Program
- Stroke Recovery Program
- Swings in Motion Golf Program
- Videofluoroscopy of the Swallow



Frazier Rehab Institute is a comprehensive rehabilitation system providing therapy in an acute care setting for inpatient and outpatient rehab needs.

1703 inpatients in 2012

Patient Age:	0 through 17	5.2%
	18 through 64	50.7%
	65 and older	44.1%

Breakdown by Diagnosis

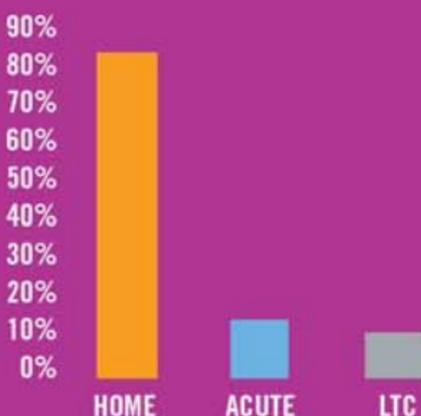
Stroke	24.8 %	Pulmonary	8.9 %
Brain Injury	14.4 %	Cardiac	4.9 %
Spinal Cord Injury	8.8 %	Amputee	3.9 %
Orthopedic	13.3 %	Multiple Trauma	6.6 %
Neurologic	6.6 %	General Rehab	7.8 %

Length of Stay

Stroke	16.9 days	Neurologic	15.9 days
Brain Injury	15.9 days	Pulmonary	11.7 days
Spinal Cord Injury	20.4 days	Cardiac	10.8 days
Orthopedic	10.9 days		

Discharge Disposition

80% of Frazier patients achieved their predicted outcomes!



Patient Satisfaction

83.1 out of 100 for 2012

This means 83% of patients are either very satisfied or completely satisfied with the care they received.

Average Hours Per Therapy Day

Hours will vary depending on individual program and need. Overall average is 3.6 hours (Brain Injury 3.9 hours ; Stroke 4.3 hours; Spinal Cord 4.3 hours)



Frazier Rehab Institute

KentuckyOne Health™

Bringing the Best to You

As our quest to be the best rehab system in America continues, Frazier Rehab Institute is privileged to occupy the most state-of-the-art rehab facility in the country. More important than the amenities we provide, though is the level of care and expertise we provide to the patients who choose Frazier Rehab for their care.

Our experienced team provides services in a wide-variety of rehabilitation programs including, but not limited to: Brain Injury, Movement Disorders, Pediatrics, Spinal Cord Medicine and Stroke Recovery. In addition, Frazier Rehab is the clinical home for the University of Louisville's Movement Disorders Program which has been recognized as a Center of Excellence by the National Parkinson Foundation - the only designation in Kentucky.

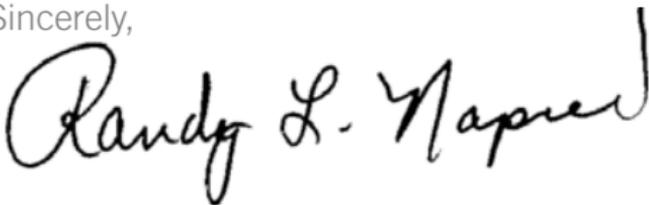
In cooperation with the Christopher and Dana Reeve Foundation, Frazier is the nation's lead center for the NeuroRecovery network which brings in activity based therapy to include locomotor training in our community. This clinical and research expertise is delivered with care and compassion by our team, leading to overall inpatient satisfaction scores in the top quartile in 2012.

Patients at Frazier Rehab Institute receive treatment in a positive patient care environment distinguished by:

- 27,000 sq. ft. of space on each floor
- Therapy provided in dedicated gyms on each floor
- Patient rooms with spectacular views of Louisville
- Private baths in each patient room
- Advanced technology including internet access and 42-inch plasma televisions in all patient rooms

We are proud of the services we provide at Frazier Rehab Institute. Please contact us for more information on what pioneering rehabilitative care is all about.

Sincerely,



Vice President, Frazier Rehab Institute
KentuckyOne Health

Accreditations

Commission on Accreditation of Rehabilitation Facilities (CARF)

Joint Commission on Accreditation of
Healthcare Organizations (JCAHO)