

Holistic Care Council

Jewish Hospital & St. Mary's Healthcare



Care Moment Guidelines

Definition:

Care Moment

An interdisciplinary team intervention including holistic care practices for supporting a healthy work environment.

Purpose:

- Provide a mechanism to offer support and encouragement to team members
- Create an opportunity to educate team members about shared governance/shared leadership including options for being involved in the Holistic Care Council and other shared governance councils.

Logistics:

- Areas throughout the system will be identified for Care Moment visits. Those areas prioritized may include any unit/department experiencing unusually high levels of stress.
- Schedule - Monthly
- Care Moments will not interrupt patient care operations.
- Average time spent will be 2 hrs, however, longer time periods may be possible depending on the needs of the unit.
- Leaders will be contacted prior to the visit to
 - Schedule date and time of Care Moment
 - A space in the unit/area where the Holistic Care Council can prepare treats, and other educational materials

Potential Benefits:

- Increase team member satisfaction
- Increase the positive energy within the area visited
- Improve patient satisfaction as a result of re-energized care givers
- Improve attitudes toward a healthy work environment