



Surgical Services at **Sts. Mary & Elizabeth Hospital**

A service of Jewish Hospital & St. Mary's HealthCare

Patient Information for Surgical Procedures



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502-361-6059 • www.jhsmh.org

HOW TO PREPARE FOR SURGERY

Before Surgery

- Talk with your physician so that you fully understand the surgical procedure.
- Pre-procedure testing is strongly encouraged, and can be scheduled within the 14-day period preceding your scheduled surgery date. This testing will assist us in determining your physical status prior to surgery, and in expediting your admission process on the day of your procedure. Patients may schedule their own pre-procedure testing appointments by calling (502) 361-6161.
- The day before surgery, **do not eat or drink anything**, including water, after midnight unless instructed otherwise by your physician. You may continue to take any medications only if advised by your physician or surgeon.

Day of Surgery

- Please bring this **brochure, the Surgery Schedule/Physician Orders card and any papers your physician has given you**. Also bring a list of all medications you are taking, including the name of the prescription, the dosage and the frequency, to show the physician. If you are diabetic, don't forget to consult with your doctor on receiving insulin injections.
- Wear comfortable, loose-fitting clothing that can easily be stored during the procedure.
- Do not wear makeup, fingernail or toenail polish. Do not bring any valuables with you, including large amounts of cash, earrings, chains or watches.
- Take a full bath with antibacterial soap and wash your hair the night before surgery.
- Should you experience any change in your physical condition, please contact your physician immediately.
- Be sure to bring your insurance card(s) and authorization and referral forms.

After Your Operation

After surgery please have a responsible adult available to drive you home. For your safety, we also advise having someone stay with you for 24 hours following the procedure.

We will not allow anyone who has received anesthetic medication or sedative to leave the facility alone.

Before going home, you will be given a complete list of post-operative instructions to follow. The discharge nurse will review these instructions with you and answer any questions you might have.

BILLING AND INSURANCE INFORMATION

You will be billed separately by your primary physician and for work performed by the anesthesiologist, radiologists, cardiologists, and pathologists.

Should you need to make special financial arrangements or have questions about your bill, financial counselors are available to answer your questions Monday through Friday from 8 a.m. to 4:30 p.m. at the cashier's desk. You may also contact a financial counselor at (502) 361-6710.

MEDICAL INSURANCE

You will be billed only for the amount not covered by your insurance. Medicare or Medicaid patients who sign the necessary forms upon admission pay only the deductible amount and for services or accommodations not covered.

If we are unable to verify insurance coverage, a deposit may be required. A final bill will be mailed to your home after you are released.

If you are a private-pay patient, please call our financial counselor at (502) 361-6710 after your appointment is scheduled to make payment arrangements.

MANAGED CARE ENROLLEES

If you belong to an HMO or have special payer guidelines, please contact your insurance company to ensure your procedure has been approved. Also, please bring your insurance card (s) and any other papers sent to you, including referrals, authorization or precertification.

CHARGE CARDS

MasterCard, VISA, Discover and American Express are accepted.