



Spinal Cord Medicine Program

NeuroRecovery Network

Frazier Rehab Institute is the national lead center for the NeuroRecovery Network, which is supported by the Christopher and Dana Reeve Foundation. Under the direction of Susan Harkema, Ph.D., the NeuroRecovery Network serves to support programs that provide intensive activity-based rehab, including Locomotor Training, which promotes the recovery of walking and motor function in patients with spinal cord injuries. This program gives patients access to the latest national and international research in spinal cord medicine. In addition to improving mobility in certain patients, Locomotor Training has been shown to enhance patients' overall health and well being.

Spinal Cord Medicine Clinic

Located in the Frazier Rehab and Neuroscience Center, the Spinal Cord Medicine Clinic provides comprehensive medical and rehab management for spinal cord patients in an outpatient setting. A nurse coordinator, case manager, medical assistant and physician work with patients, their families and primary care physicians to manage all aspects of patients' care, including medication management, diagnostic testing, physician referrals, outpatient therapies and any other follow-up services. The caring, knowledgeable professionals form a lifelong partnership with their patients to help them stay healthy.

Competitive Sports Program and Events

The Competitive Sports Program provides an array of recreation and leisure events within the community to improve the health and quality of life of people with disabilities.

Community Fitness and Wellness

The Community Fitness and Wellness Program provides an accessible gym with state-of-the-art equipment and a trained professional staff, specifically designed for wheelchair users.

Education, Advocacy and Wellness

At Frazier Rehab Institute, education is a key component to successful reintegration into the community and to the transition home. The Spinal Cord Medicine Educational Program is designed to give patients and their families essential information about self-care management, community resources, academic and vocational opportunities, adjustment to spinal cord injury/impairments, sexuality and fertility, leisure and sports activities and wellness over the patient's entire lifespan.

For more information:
(502) 582-7495 or 1-866-540-7719
www.spinalcordmedicine.com
www.frazierrehab.org



Frazier Rehab Institute

A service of Jewish Hospital & St. Mary's HealthCare

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The Frazier Rehab Institute Spinal Cord Medicine Program is one of the nation's leading acute rehab programs, providing innovative, world-class treatment to those affected with spinal cord impairments resulting from trauma, disease or congenital abnormalities. Our interdisciplinary, patient-centered approach provides individualized treatment and support to patients and their families beginning in the acute care hospital setting and continuing throughout the patient's lifespan, all with the goal of maximizing functional recovery.

Diagnoses treated in the Spinal Cord Medicine Program include, but are not limited to:

- Traumatic and non-traumatic spinal cord injuries
- Spina Bifida
- Multiple Sclerosis
- Guillain-Barré Syndrome
- ALS (Lou Gehrig's Disease)
- Polio/Post Polio Syndrome

Unique Features

The new 15-story, state-of-the-art Frazier Rehab and Neuroscience Center is home to Frazier Rehab Institute's 135-bed, acute rehab hospital. Accredited by the Joint Commission, Frazier combines its expertise with this unique facility to offer the most advanced rehab therapies in an attractive, comfortable environment. Features include:

- Spectacular city skyline views in therapy gyms, patient rooms and the multipurpose dining room
- Private family education rooms
- Spacious, comfortable, private patient rooms and bathrooms
- 42-inch plasma screen televisions
- Free cable and internet access

Interdisciplinary Team of Experts

Frazier Rehab Institute's Spinal Cord Medicine Program is accredited by the Commission on the Accreditation for Rehab Facilities (CARF). The spinal cord medicine team includes many professionals who are highly qualified to lead patients through the spinal cord injury recovery process. The following professionals may be involved in a patient's care:

- Board-Certified Physiatrist (specialist in rehab medicine)
- Spinal Cord Medicine Nurse Coordinator
- Certified Rehab Registered Nurse
- Spinal Cord Medicine Care Coordinator
- Registered Dietitian
- Physical Therapist
- Occupational Therapist
- Speech-Language Pathologist
- Therapeutic Recreation Specialist
- Pulmonary Rehab Therapist
- Psychology Professional
- Neuropsychologist

Continuum of Care

At Frazier Rehab Institute, the spinal cord medicine team is dedicated to care for patients throughout their lifelong recovery process. Board-certified physiatrists are consulted to assist in medically managing patients prior to being transferred to Frazier. Our admission coordinators are involved with patients early in the acute care hospital setting, helping to make needed arrangements and to coordinate the transition to our dedicated spinal cord medicine unit. Although most patients are transferred to Frazier directly from hospital settings, patients are also brought in from home, giving access to patients at all stages of their recovery.

Inpatient Rehab

The Spinal Cord Medicine Program is an activity-based rehab program, which is built on the philosophy that spinal cord injury patients can achieve physiological changes and improve their injury. The focus of the program is to teach patients compensation techniques to allow them to function as independently as possible and to integrate activity-based restorative therapies into a personalized plan of care to achieve maximum recovery.

Spinal cord patients' therapy programs may include: physical, occupational, speech, recreational and pulmonary therapies, as well as psychological and dietary counseling. The inpatient spinal cord medicine unit has treatment areas and equipment that have been specially designed with the therapy needs of spinal cord patients in mind. A specialized pediatric area is also available.

Outpatient Rehab

Outpatient therapy is an incremental step in many patients' recoveries from a spinal cord injuries. Patients are evaluated upon admittance to the outpatient program and a custom-designed rehab program is created to address each individual's needs. Outpatient therapy may include activity-based therapies such as Locomotor Training or FES (bike) Training through the NeuroRecovery Program, participation in research activities, aquatic therapy or the Community Fitness and Wellness Program.

